

Practice Test One

PAPER 3 USE OF ENGLISH

Time: 2 hours

Section A

1. Fill each of the numbered blanks in the following passage. Use only **one** word in each space.

Although many people who have sleeping (1) , either chronic (2) occasional, automatically reach for the sleeping tablets when they see a difficult night (3) of them, there are a number of so-called "folk" remedies which are not (4) cheaper but also much safer in the long (5) Most people have tried (6) a hot drink such as milk or one of a number of herbal infusions before going to bed, (7) there are other, less well-known (8) , which can help you on your way to a restful night's sleep. One unusual but (9) technique involves, not warmth as you might (10) , but cold. Before going to bed, run very cold water for several minutes over your forearms and legs from the knee (11) , then dry yourself quickly and hop into bed. You will find yourself feeling totally relaxed and drowsy. Another unusual (12) has to do with eating or, to be more (13) , chewing. Take a large apple, wash it and eat it slowly, taking particular (14) to chew the peel thoroughly. Chewing is not only relaxing in (15) , but the peel of the apple (16) a natural substance which (17) relaxation. Meditation, stretching, walking and even (18) sheep are also effective methods for many people. Clearly, there are many ways to (19) the pill-popping route and still (20) a good night's sleep.

2. Finish each of the following sentences in such a way that it means **exactly the same** as the sentence printed before it.

Example: Her parents believe nothing she tells them.
Answer: Whatever **she tells them, her parents don't believe her.**

- a. Although John studied harder than anyone, he failed the exam.
In spite
- b. What a pleasure to see you here!
How
- c. It was only when I got home that I realised I had forgotten my keys.
Not until
- d. There has been a large increase in unemployment this year.
Unemployment
- e. This matter is no concern of yours.
This matter does not
- f. Applications are accepted until June 3rd.
The final date
- g. The only reason I am late is that the traffic was so heavy.
Had it not
- h. I certainly don't mean to do it before tomorrow.
I have