

Examination Practice

A Read the text below and think of the word which best fits each space. Use only one word in each space.

HEALTHY MIND, HEALTHY BODY

"A healthy mind lives in a healthy body" is a saying that is believed to (1) _____ often been used by the ancient Greeks. Thousands of years later, the same idea still applies. According to health experts, it's advisable to (2) _____ eight to ten glasses of water every day. However, water itself is not enough; a balanced diet is essential, too.

A healthy body naturally is the result of (3) _____ exercise. Many people, however, do not like gyms and object (4) _____ going there for different reasons. Some, for instance, say that aerobic sessions are too difficult (5) _____ follow while others claim that gyms are just too expensive. Many people also claim that they have difficulty in (6) _____ time to exercise due to their hectic lifestyle, but the truth is that everyone can make a little time every now and (7) _____. Regardless of the way people choose to exercise, (8) _____ is important to remember that there's no point (9) _____ doing it only for a short period of time.

Last (10) _____ not least, having a positive attitude and doing (11) _____ with negative thoughts contributes (12) _____ one's well-being. In short, following this simple advice surely helps in having a healthy mind and body.

B Complete the second sentence so that it has a similar meaning to the first sentence, using the word given unchanged. You must use between two and five words, including the word given.

- John is too immature to make decisions for himself.
mature John is _____ decisions for himself.
- He can't get used to travelling abroad every fortnight.
accustomed He _____ abroad every fortnight.
- He managed to convince me that it was a safe operation.
succeeded He _____ that it was a safe operation.
- Hearing that a war had broken out was a shock to everyone.
shocked Everyone _____ that a war had broken out.
- John told Helen he was sorry he had argued with her.
apologised John _____ with her.
- Nobody liked having a new factory in the area.
objected Everyone _____ a new factory in the area.
- She couldn't afford to buy a laptop computer.
expensive A laptop computer _____ to buy.
- More dustbins have been put around so that people won't throw rubbish in the streets.
prevent More dustbins have been put around _____ rubbish in the street.
- It would be difficult for me to adjust to a new working environment.
difficulty I would _____ to a new working environment.
- I don't see why we should wait for the blood test results all day.
point There's _____ the blood test results all day.
- He first told his mother about his success in the exam.
know His mother _____ about his success in the exam.
- The police forced the criminal to get into the car.
made The police _____ the car.

Complete the sentences with the correct form of the words in capitals.

- 1 Even though he's twenty years old, he is rather _____.
- 2 Thomas said that he is _____ to attend the meeting because he's ill. I am a little _____ as to whether this is true or not.
- 3 The student was very _____ and answered the question _____, but the teacher asked him to try again.
- 4 He has become rich in a _____ way.
- 5 I didn't correct your essay because your writing was simply _____.
- 6 The teacher expressed her _____ with Tom because he's so _____ in class.
- 7 It was _____ of you to leave the baby _____.
- 8 Unfortunately, many climbers have been _____ in their attempts to climb Mt Everest.
- 9 I detest people who _____ animals or use them in _____ research.
- 10 Driving at speeds of 150 kilometres per hour is not only _____ but also _____.
- 11 Her _____ to help got her into trouble.
- 12 Why do you always have to _____ with what I say?
- 13 She's a very _____ person. She wants everything done immediately.
- 14 Don't sit in that _____ armchair, sit here.
- 15 Are you sure you didn't _____ him? He can't have said that.

- MATURE**
ABLE
DOUBT
NERVE, CORRECT

HONEST
LEGIBLE
SATISFACTION
OBEDIENT
RESPONSIBLE, ATTENDED
SUCCESS

TREAT, SCIENCE

LEGAL
SAFE
WILLINGNESS
AGREE
PATIENT
COMFORTABLE
UNDERSTAND

Examination Practice

A Read the text below and decide which answer A, B, C or D best fits each space.

PLASTIC MONEY

In the past, people bought goods using (1) _____. They rarely (2) _____ money from financial institutions and only when they had (3) _____ the money, did they buy what they wanted.

Recently, however, there have been great changes in the way people purchase goods. To begin with, some people pay for things by cheque, while others prefer monthly (4) _____, rather than paying the whole (5) _____ at once. Most consumers, though, prefer to buy things using their credit cards. (6) _____, it is thought that there are benefits to having a credit card. Apart from the fact that credit cards are handy, some stores offer bonus points to people making purchases, while others give (7) _____ on certain products.

On the other hand, credit cards must be used wisely because they can prove disastrous. In the long run, consumers find that they can't (8) _____ without their credit cards and constantly rely (9) _____ them, as they are "easy money". As a result, some people lose control of their finances spending more than they should and wind up not being able to (10) _____. So, they end up in (11) _____ and have difficulty (12) _____ it back.

1	A change	B cash	C notes	D currency
2	A lent	B let	C borrowed	D kept
3	A afforded	B owned	C saved	D possessed
4	A sums	B deposits	C budgets	D instalments
5	A amount	B debt	C bill	D cost
6	A Last but not least	B One by one	C By and large	D Every now and then
7	A bargains	B discounts	C tips	D prizes
8	A go	B make	C be	D do
9	A on	B in	C to	D of
10	A make matters worse	B make ends meet	C do their best	D do business
11	A debt	B loan	C charge	D owe
12	A to pay	B to paying	C in pay	D in paying

B Complete the text below with the correct form of the words in capitals.

HOMework

Homework is a part of every student's school life. (1) _____, many of them (2) _____ of the amount of homework they are given, and find it particularly (3) _____ when they have to study a lot before a test. This makes them feel (4) _____ and some even become physically sick when under pressure. Others sometimes find it (5) _____ to complete their homework, which makes teachers believe it's an act of (6) _____.

On the other hand, teachers consider homework (7) _____. They believe students should have a daily schedule to avoid getting (8) _____ and having to hand in (9) _____ homework. Moreover, teachers think (10) _____ amounts of homework put students' future at risk.

FORTUNATE
APPROVE
FAIR
ANXIETY
POSSIBLE
OBEDIENCE
BENEFIT
ORGANISED
COMPLETE
ADEQUATE