

SECTION 1 (FCE format)

PART 1

For questions 1-12, read the text below and decide which answer A, B, C or D best fits each space. There is an example at the beginning (0).

➔ Example: 0 (A) on the way B under way C in the way D by the way

EXAMS

It's the end of the school year and the exam period is (0) on the way. Undoubtedly, exams

(1) _____ pressure on both students and parents alike.

Most parents would like to see their children (2) _____ academically, as they believe a good education gives them an added advantage in life. They want to see their children settled in a rewarding job and be (3) _____ well off. But is that what their children have planned for themselves? Apparently not.

Most students either can't think that far ahead or have no (4) _____ of doing so. They would rather aim low so as not to be disappointed if they get low marks.

However, child psychologists, who have been (5) _____ on the matter, stress that students should aim high, but at the same time have a(n) (6) _____ of other options. As a result, students will not have to worry about grades and in the long (7) _____ will have better chances of succeeding.

On the whole, there are many practical things that parents can do and which may prove invaluable to their children.

(8) _____ being people their children can (9) _____ to, parents can plan a reasonable schedule that both they and their children (10) _____ on. According to psychologists' (11) _____, this schedule should include no more than eight hours of studying, three proper meals a day and some exercise. Finally, prior to each exam, parents need to (12) _____ their children that everything will be fine whatever the result.

1	A force	B set	C put	D bring
2	A to succeed	B succeeding	C have succeeded	D been succeeding
3	A richly	B economically	C financially	D valuably
4	A intention	B demand	C opinion	D reaction
5	A consulted	B recommended	C suggested	D advised
6	A amount	B sum	C variety	D selection
7	A time	B run	C term	D process
8	A Nevertheless	B Apart from	C Instead of	D As far as
9	A turn	B communicate	C depend	D apply
10	A approve	B accept	C agree	D confirm
11	A clues	B instructions	C announcements	D directions
12	A ensure	B insure	C make sure	D reassure

PART 2

For questions 13-24, read the text below and think of the word which best fits each space. Use only one word in each space. There is an example at the beginning (0).

WHY **SLEEP** IS **NECESSARY**

Thomas Edison, the inventor (0) _____ of _____ the light bulb, thought that sleep was unnecessary and that a society that operated (13) _____ sleep would be an ideal (14) _____.

However, he was wrong. Nowadays, we are living in a society which is sleeping less than ever and this has resulted (15) _____ many negative effects.

According (16) _____ police reports, more than twenty five percent of motorway accidents are directly or indirectly attributed to lack of sleep. It is true that people (17) _____ to sleep nine hours a night, whereas today they sleep seven (18) _____ even less. This is because our (19) _____ of life has changed and we are trying to squeeze activities like (20) _____ television, shopping or going to the gym in our 24-hour day.

Lack of sleep also has a negative effect on our health. Research that has (21) _____ carried out on animals continuously deprived of sleep has shown that they are likely to die. Of course, experiments of this kind are highly unlikely to (22) _____ carried out on humans (23) _____. The longest period of wakefulness which broke the record was eleven days. This experiment showed that after a few days without sleep, the mind and body were unable to function normally.

To put it in a nutshell, the vast majority of us (24) _____ an adequate amount of sleep, in every twenty-four-hour period.

