Vocabulary Practice 4

Idioms/ Fixed Phrases

56 Fill in the blanks with one of the idioms/fixed phrases in the correct tense form.

pat sb/yourself on the back (for) – to praise sb for doing sth well **have a sweet tooth** – to like things that taste of sugar **have a square meal** – a big, substantial meal **Every cloud has a silver lining** – to be optimistic **nip sth in the bud** – to put an end to sth before it becomes a problem **make one's mouth water** – to have a strong desire to eat food immediately	**cry over spilt milk** – to be upset about sth that can't be fixed **be out of the question** – not possible or not allowed **make a bee-line for sth/somewhere** – to go directly and quickly towards sb, sth **be up to one's ears in work/problems/sth** – to have a lot of work/ problems **the icing on the cake** – sth that makes a very good experience even better **keep body and soul together** – to live in poverty

1. I ……, and if I don't watch it, I'll really put on weight.
2. Why is she so upset? – She's just fallen down and broken a vase. She …… .
3. You can …… that you have kept out of trouble for so long.
4. The free iPad that comes with this purchase is just …….. .
5. We can barely …….. on what he earns. – But he can give you a helping hand with your four children, so …… .
6. I would like to take you out to dinner, but not this week as I …… .
7. Most of these supermodels don't look like they …… in their life.
8. After the game, we all …….. for John, who was serving cold drinks.
9. If you don't ……. this problem ……., it will soon get totally out of hand.
10. I can't allow you to eat all that fatty and high-calorie food – it …… .
11. When she entered the kitchen, the smell of the cooked fish …… .

Prepositional Idioms and Phrases

57 Look up a preposition in Appendix 2 and fill in one of the prepositions.

1. No matter how hard the job seems I promise to do it ... the bitter end.
2. He just managed to jump on the last bus ….. the nick of time.
3. The school management may keep him out of school ….. good.
4. ... likely ... not she won't turn up for dinner. She goes to parties once …. a blue moon.
5. If you want to know about a new film, ask someone ….. the know like a critic.
6. That pianist is second ….. none in his interpretation of Bach's music.
7. The website "Vegetarianism ….. a Nutshell" explains vegetarianism in a short and efficient manner.

8. We found out that he had been doing some freelance work ….. the quiet.
9. Although her comments were ….. the record, the newspaper published them anyway.
10. Although he is young and wet ….. ears, we decided to hire him.

Word Formation: Revision

58 Use the relevant words given to form a word that fits in the space in the same numbered line.

MOOD FOOD

With our *increasingly* hectic pace of life, it is becoming more and more difficult to eat properly. (1) ..... snacks and fast food seem to have become the norm. This may be having a (2) ..... effect on people's waistlines, but did you know that it can also cause wild mood swings and (3) .....?

Food is an important part of the body–mind (4) ..... and as researchers point out, it is particularly our intake of (5) ....., fatty and carbohydrate-loaded foods that (6) ..... affects the way we feel. These foods trigger the body's (7) ..... of the so-called neurotransmitters, chemicals transferring messages from one nerve cell to the other, which provides a seemingly (8) ..... improvement of mood. Thus a crunchy bar of chocolate or piece of sticky pastry may make you feel better. (9) ..... this feeling is usually short-lived. The reason is simple. Though our blood sugar level initially peaks, it (10) ..... slumps again, and we are soon left feeling worse than before.

INCREASE
(1) HURRY

(2) NOTICE

(3) DEPRESS
(4) RELATE
(5) SUGAR
(6) DRAMA
(7) PRODUCE

(8) MIRACLE

(9) FORTUNATE

(10) RAPID

Revision
Future Tenses

59 Put the verbs in brackets in the correct present or future form.

A

Marion: Just think, next week at this time I (1) ..... (lie) on a tropical beach in Maui eating pineapples. It (2) ..... (be) the best holiday I (3) .....(ever/have).
Derek: While you (4) ..... (relax) on the beach, I (5) ..... (stress) out over this marketing project. And by the end of your holiday I (6) ..... (lose) all my weight and looks. How (7) ..... (you/enjoy) yourself knowing that I (8) ..... (work) so hard?
Marion: I (9) ..... (manage) somehow. I (10) ..... (think) about you from morning till night. Of course, on the condition that I (11) ..... (have) enough time and (12) ..... (not/lose) my memory.

Derek: You're terrible. (13) ..... (you/not/take) me with you?
Marion: No. But I (14) ..... (send) you a postcard of a beautiful white sand beach.
Derek: Great, that (15) ..... (make) me feel far better. Supposing I (16) ..... (take) a day off and (17) ..... (join) you in Maui, (18) ..... (you/have) time to spare or (19) ..... (you/make) sure I (20) ..... (not/see) you?
Marion: You (21) ..... (just/joke). Well, by the time I (22) ..... (get) back, you (23) ..... (finish) with your project, and we (24) ..... (have) a nice time in a lovely restaurant.
Derek: Providing you (25) ..... (not/forget) me in a tropical heaven of Maui!

B

Mila: When (1) ..... (Bill's exams/start)?
Jane: The first one (2) ..... (be) tomorrow.
Mila: He (3) ..... (make) great progress this year. It means, he (4) ..... (do) well.
Jane: I hope so. He (5) ..... (take) seven subjects, and he's quite optimistic. He certainly (6) ..... (pass) at least six of them – he's very good at those six subjects. But he is bad at music. I know, he (7) ..... (fail) it.
Mila: What (8) .....(he/do) next?
Jane: That depends. If he (9) ..... (do) well at his exams, he (10) ..... (stay) on at school for two more years and study sciences.
Mila: He (11) ..... (not/stay) at the same school?
Jane: He can't, because his school only takes pupils up to sixteen. But we (12) ..... (just/hear) they (13) ..... (open) the new sixth form college in Bristol next August. We might be able to send him there, but we don't know for certain.
Mila: And if he (14) ..... (not pass) enough of the exams?
Jane: Well, he might leave and look for a job. We (15) ..... (just/have) to wait and see.

C

Mary: (1) ..... (you/think) everything (2) ..... (be/already) ready when I (3) ..... (get) back from the store? You (4) ..... (remove) the signs of the party?
Jerry: Don't worry. By the time you (5) ..... (get) back, I (6) ..... (tidy) up the living room and (7) ..... (finish) washing the dishes. Everything (8) ..... (lie) in their places when your parents (9) ..... (arrive).
Mary: I hope so. They (10) ..... (arrive) at around 6 o'clock.
Jerry: Everything (11) ..... (be) spotless by the time they (12) ..... (get) here.

D

If you (1) ..... (take) a holiday with our travel company, you (2)..... (have) the time of your life. As soon as you (3) ..... (arrive) at our resort, you (4) ..... (feel) relaxed and comfortable. If you (5) ..... (want) to play golf, sail or fish, our staff (6)..... (be) happy to make the necessary arrangements, or if you simply (7) ..... (want) to relax and enjoy the breathtaking scenery we (8) ..... (be) delighted to organize some guided walks. Before your holiday (9) ..... (be) over, you (10) ..... (already/ plan) your next visit.

60 A Mixed Bag. Put the verbs in brackets into the correct form.

After you (1) ..... (settle in), a member of the staff (2) ..... (come) to interview you about your dietary requirements. Once you (3) ..... (reach) your target weight, you (4) ..... (start) a maintenance diet to make sure you (5) ..... (stay) slim! To ensure that you (6)..... (feel) well, our instructors (7) ..... (plan) your fitness programmes. Before you (8) ..... (begin), the doctor (9) ..... (check) you blood pressure and heart-rate. There is also a fully-equipped medical room in case you (10) ..... (have) any

problems. You pay only on condition that you (11) ..... (lose) at least 5% of your body weight in two weeks. If not, we (12) ..... (give) you a refund. By the time you (13) ..... (leave), you (14) ..... (feel) like a new person and your good mood (15) ..... (come) back to you. Provided that you (16) ..... (have) any complaints, our staff (17) ..... (solve) any inconvenience you might have. Our motto is: "As long as you (18).....(stay) happy, we (19) ..... (be) happy too."

WRITING PRACTICE 4

Essay writing

Strategy Point

Paragraph 1 – Introduction: state the topic
Paragraph 2 – state your opinion, give 2-3 reasons (and an example)
Paragraph 3 – state an opposing opinion, give 1-2 reasons (and an example)
Paragraph 4 – explain why you don't agree with the opposing viewpoint
Paragraph 5 – Conclusion

! Remember: no arguments in Introduction.
! Remember to answer Why-questions.
! Remember to use linking words and phrases.
! Make use of the Discussion Clock to think of the arguments.

61 Sum up the information given in Reading 3 in the format of an essay on the following topic.

Essay topic: *Some people prefer cooking their own meals.*

Introduction
.....
Paragraph 2
.....
.....
Paragraph 3
.....
.....
Paragraph 4
.....
.....
Conclusion
.....
.....

Speaking 4 : Comparing photos

62 Match the a) adjectives with nouns and b) adverbs with verbs.

a) parents, kids, friends, dishes, drinks, glasses, atmosphere, chopsticks, faces, smiles; lively, happy, excited, distracted, radiant, refreshing, exotic, sparkling, nourishing, plastic

.....

.....

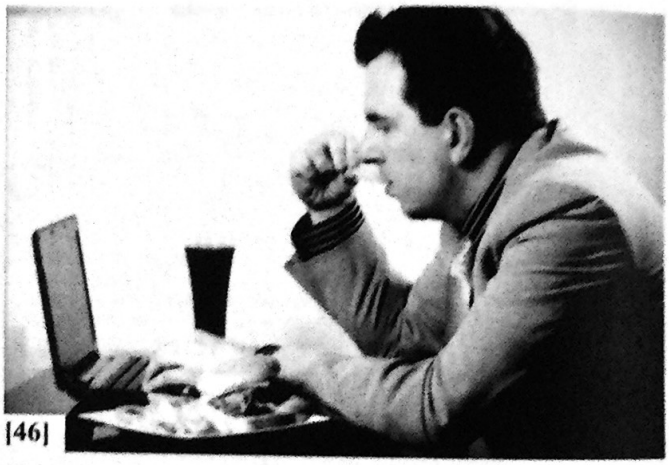
b) smile, focus, eat, stare, watch; excitedly, radiantly, happily, languidly, slowly, solely

.....

.....

63 Study the two photographs. In 1.5 minutes be ready to compare and contrast the photographs. You will speak for not more than 2 minutes (12–15 sentences). You have to talk continuously.

[45]



[46]

a) give a brief description of the photos (action, location)
b) say what the pictures have in common
c) say in what way the pictures are different
d) say which kind of eating out you prefer
e) explain why

Home Assignment 4

64 Put the verbs in brackets in the correct present or future form.

1. Take your umbrella with you in case it ..... (rain). The weather forecast says it ..... (get) colder today as well, so put on a warm coat, dear, to make sure you ..... (not/catch) another cold. ..... (I/put) rubber boots on then?
2. I ..... (go) away on business for a few days next week, and while I ..... (be) away, my sister ..... (come) to stay, which she ..... (do) quite often.
3. Once I ..... (be) back, I ..... (get) in touch with some estate agents. I ..... (not feel) happy until we ..... (find) a house closer to my wife's job.

4. Some multimedia companies are predicting that, in a few years' time, they …… (reduce) production of newspapers and magazines by 50%, as people …… (turn) to their computers to get the latest news.
5. The decorator ..... (not finish) the work until you ..... (pay) him what you owe.
6. Have you booked a holiday for this year yet? – Yes, we ..... (take) a cruise around the Mediterranean in September. I'm really looking forward to it.
7. What …… (you/do) in ten years' time? – I think, I …… (complete) my education by that time and …… (work) for some respected company.
8. The plane ..... (take) off at 11.00, so we had better check in by 9.00.
9. …… (your favourite singer/come) to give a concert in our town? – It's just a rumor. I don't think he …… (appear) at the City Hall Theatre.
10. I've won the jackpot on the lottery and I ..... (spend) it all straight away!
11. Everybody ..... (be) already at the office at about 8.30 tomorrow as the meeting ..... (start) at 9. I'm afraid I only …… (arrive) by 9 o'clock.
12. How long …… (Andrew/work) on this painting by Saturday next week? – For two months. – If he ……(go) on like that he ……(not/ complete) until next year. – But when he ……. (finish) it, the painting …… (be) a masterpiece.
13. Tomorrow at around 7.30 p.m. I ..... (drive) through America. Just imagine that! – What destination …… (you/head) for?
14. Bruce ..... (not stop) studying until he ..... (revise) all topics this evening. – …… (you/ help) him as usual? Or …….. (you/help) him already?
15. Why have you bought these chocolates? ..... (you/visit) your grandmother after work? – Yes. It's her birthday tomorrow. She …… (be) seventy-eight.

65 Translate the following sentences. Make use of the Vocabulary of the Unit.

1. Планы Дэна поехать на море *сорвались*. – Да? – Да, он опять *попал в неприятную историю*. Он *соврал* родителям, что сдал экзамен. Поэтому, теперь, пока мы будем отдыхать, он будет учить экономику. – *Так ему и надо*!
2. Я думаю, что к 6 часам уже напишу отчёт, а к 7 буду дома. Возьми ключ на тот случай, если меня еще не будет, когда ты придешь. – Хорошо. *Но ты особенно не торопись*. Я что-нибудь приготовлю. – Буду *вовремя к* ужину.
3. Ты слышал, что наша дочь собирается *сесть на диету*? – Я надеюсь, вы *пресечете это в корне*. Если она еще больше *похудеет*, вы будете *лечить ее от* анорексии (anorexia). Все это *закончится бедой*.
4. Я приготовлю ужин при условии, что ты *помоешь посуду*. – Правда?
5. Сара весь день на кухне! К тому времени, когда придут гости, будет уже семь часов, как она готовит. – Надеюсь, к приходу гостей она все закончит.
6. В следующем месяце будет уже два года, как он *лечится от* этого серьезного заболевания. А через два месяца он будет *проходить* новый *курс лечения*.
7. Ты делаешь прическу (do one's hair) уже два часа! Мы ужасно опаздываем! К тому времени, как мы придём к Браунам, все уже закончат обедать и уйдут. И никто даже не увидит твою причёску. – Не *трать понапрасну время*! Пока не сделаю ее, мы никуда не пойдем. – Тебе помочь?
8. Когда бы ты ни обратился ко мне за советом, я всегда *буду к твоим услугам*. – Не *пора ли относиться* ко мне, как к взрослому человеку? – Если ты будешь *держаться подальше от неприятностей*, тогда у меня будут *все основания* считать, что ты *стал* взрослым.

9. Предположим, в этом дорогом магазине буду *скидки* на женскую одежду, ты, что, сможешь позволить себе хоть одно платье?
10. Если мы зарегистрируемся на рейс через Интернет (check in online), это *избавит нас от необходимости* приезжать в аэропорт слишком рано. – Что ж, *разумно*.
11. Кевин несомненно заболеет, если не *снизит* нагрузку (workload). В последнее время он слишком много работает. – Ты прав. *Неразумно* добиваться цели *в ущерб* здоровью. – Да. Слишком большая нагрузка – *это угроза* здоровью.
12. Ты сегодня ещё будешь пользоваться компьютером? – Нет, а что? – Я хочу приготовить пирог с капустой и мне нужно *посмотреть рецепт* в интернете.
13. Если ты не поторопишься, то мы точно опоздаем. – Не волнуйся, мы *придём вовремя и еще успеем* выпить кофе перед началом концерта. – А твои часы *правильно идут*? – Да. Правильно.
14. Пока мясо готовится, я *накрою на стол*. – Тебе помочь? – Да, пожалуйста.
15. Я не изменю своего решения и не приглашу тебя к себе на день рождения, пока ты не *назовешь* (дашь) мне хотя бы одну *причину* такого странного отношения к моему новому другу. Ты опять будешь смеяться над ним. И это приведет к ссоре.

66

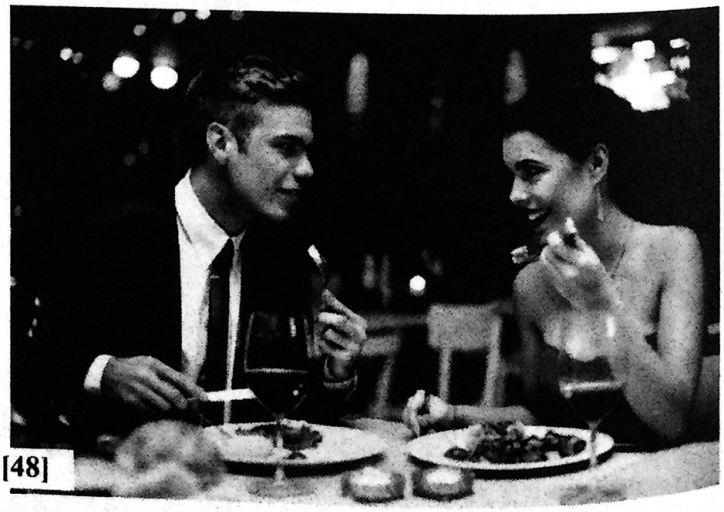
Essay Writing. Comment on the following statement. Write Introduction, Paragraphs 2, 3, 4 and Conclusion. Use the Discussion Clock (Appendix 4) to draw ideas for the statement.

Vegetarianism is an attractive food habit for some people.

67

Study the photographs. In 1.5-2 minutes be ready to compare and contrast the photographs. You will speak for not more than 2 minutes (12–15 sentences). You have to talk continuously.

[47]


[48]

a give a brief description of the photos (action, location)
b say what the pictures have in common
c say in what way the pictures are different
d say which kind of dining appeals to you more
e explain why